

# TOP 10

## BEHAVIOR STRATEGIES



### FIND THE MOTIVATION

Know what's reinforcing for your student & use it! Use preference assessments to learn what's motivating.



### CONTROL THE MOTIVATION

Stay in control of your reinforcers. Make sure that access to reinforcers is contingent upon what you're asking for.



### USE VISUALS

Convey expectations using visual - schedule, first/then boards, token boards, timers, and choice boards.



### PREDICT, PREPARE, PREVENT

Predict your students' triggers and prepare in advance by prompting the appropriate response.



### BE CONSISTENT

Present reasonable demands. Make sure you can follow through. Focus on what you want the child TO DO rather than what not to do.



### REWARD THE GOOD

Praise often and for everything: waiting, attending, participating, complying. Be specific when you praise.



### HELP GET NEEDS MET

Prompt students to use appropriate communication to ask for objects, request breaks, or ask for more time.



### BABY STEPS

Overcoming challenging behavior takes time. Set small goals to ensure success and increase tolerance systematically.



### GIVE CHOICES

Choices give students control and increases their motivation to participate. Let them choose the order of activities, materials to use, or where to sit.



### DON'T REWARD THE BAD

Sometimes we accidentally "reward" a student because we aren't aware of the reason for a behavior. Acting out for attention? Reduce attention. Acting out for an item? Don't give the item.